

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Music!	Self-Care!	Cooking!	Movement!	Fine Motor!	Reading!	Math!
Dance as a family together after dinner. Play fast then slow	Wash dolls or plastic animals in a tub of soapy water.	Make a sandwich together.	Do all these 10 times: jump, giant step, baby step and turn around.	Pick up 10 raisins one at a time, and then eat them!	Play "I spy with my little eye, something that is ___(color)"	Collect leaves. Count how many you have.
Self-Care!	Cooking!	Movement!	Writing!	Reading!	Math!	Music!

Let your child pick out his clothes to wear.

Practice pouring milk from a measuring cup onto cereal.

Visit a new playground.

Draw a picture of a

		Reading!	Math!	Music!	Self-Care!	Cooking!
				drums using wooden spoons and an upside-down pot.	Begin to teach your child to put on his own jacket.	Make warm cider. Let your child sprinkle and stir cinnamon sugar.
Fine Motor!	Reading!	Math!	Music!	Self-Care!	Cooking!	Movement!

Play with pipe cleaners.